

## **Want to Know More?**

The M-OPS Wellness Policy is reviewed and updated annually by the M-OPS Wellness Committee and approved annually by the Board of Education.

If you have feedback for or wish to participate in the district's Wellness Committee, please contact Rodney Vollmer by phone at (405) 649-2000 or by email ([rvollmer@m-ops.org](mailto:rvollmer@m-ops.org)).