



# OCTOBER

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Muffin/fruit Roasted Chicken Mac n Cheese Veggie Roll / Fruit	2 Yogurt Nutrigrain bar  Pizza Corn Fruit	3
4	5 Cerael / Toast Fruit Nacho's Corn/ Fruit	6 Breakfast Pizza Fruit Tatortot Casserole Roll / Fruit	7 Bis & Gravy Juice Chicken Sand Fries / Fruit	8 Muffin / Fruit Chicken Strips Mashed Pot Roll / Fruit	9 Yogurt Nutrigrain Bar Stromboli Corn / Fruit	10
11	12 Creamy Rice Toast / Fruit Chicken Nuggetts Fries Roll / Fruit	13 Breakfast Burrito  Corn Dogs Curly Fries Fruit	14	15	16	17
			<b>Fall Break</b>			
18	19 Sausage Roll Fruit  Crispito's Corn Fruit	20 Sausage Pancake Fruit  Lasagna Greenbeans Bread Fruit	21 Bis & Gravy Juice  Sloppy Joe's Fries Fruit	22 Muffin/ Fruit  Chicken Pot Pie Veggie Fruit	23 Yogurt Nutrigrain bar  Pizza Corn Fruit	24
25	26 Oatmeal Toast / Fruit  Chicken Fajitas Rice Fruit	27 Breakfast Sand Fruit Spaghetti Greenbeans Bread Fruit	28 Bis & Gravy Juice  Cheeseburgers Fries Fruit	29 Muffin / Fruit  BBQ Ribs Baked Pot Roll Fruit	30 Yogurt Nutrigrain bar  Stromboli Corn Fruit	